

COURSES OF FIRE

R.N.C. INSTINCTIVE COURSE OF FIRE

Ammunition required: 18 rounds (2 mags) 40 Cal. Training Ammunition

This course of fire will be completed from the 5M Line (from Holster position).

Stage 1***5m Line***

Target face	3 rounds	(2 center mass, 1 fail shot to head)
Right turn	3 rounds	(2 center mass, 1 fail shot to head)
Left turn	3 rounds	(2 center mass, 1 fail shot to head)
About turn left	3 rounds	(2 center mass, 1 fail shot to head)
About turn right	3 rounds	(2 center mass, 1 fail shot to head)
4 paces to rear with advance to target	3 rounds	

Same shooting positions as above.

Standard qualification required (5 out of 6 hits to head area ; 10 out of 12 hits to shaded area on B-27CM Target or inside 8 ring area on B-27 Target).

Royal Newfoundland Constabulary Shotgun Course of Fire

Stage #1

Instruction (dummy rounds):

- Nomenclature
- Function of weapon
- Carrying and shouldering of weapon
- Loading/ Unloading
- Sight Alignment
- Transition from Primary to Secondary weapon

Stage 2

B-27 Target

Distance 23 m shooting from shoulder

Four (4) rounds 00Buck (each containing 9 pellets)

Two (2) standing, two (2) kneeling

Standard qualification score: 30/36

RNC SEMI AUTO STANDARD COURSE OF FIRE

Stage	Maximum Score	Rounds	Time	Distance	Gun Position	Ammo	Drill
I One handed shooting	60	12	3 Secs	3 Meters	Ready	1 magazine of 12 rounds. 1 magazine of 5 rounds	6 rounds. Dominant hand Perform tactical reload 6 rounds non dominant hand. Two rounds per each 3 seconds facing.
II Primary Action/ Emergency Reload Drill	60	12	35 Secs	7 Meters	Holster	1 magazine of 7 rounds + one dummy round	7 Rounds primary action drill Perform emergency reload and complete with magazine of 5 for 12 complete rounds.
III Kneeling and seated	60	12	60 Secs	15 Meters	Holster	2 magazines, 12 rounds in each magazine	6 Rounds from kneeling position 6 rounds from seated position Emergency reload.
IV Barricade Shooting	60	12	60 Secs	23 Meters	Holster		6 Rounds standing barricade 6 rounds kneeling dominate side barricade