

256	Inbox	<b>From</b> +1709 [REDACTED] 456 <b>Inspector Jason Sheppard*</b>	11/04/2015 11:25:38 PM(UTC+0)	Unknown	Add me to BBM! Click <a href="http://www.pin.[REDACTED]e8c8">www.pin.[REDACTED]e8c8</a>
257	Inbox	<b>From</b> +1709 [REDACTED] 861 <b>Neil [REDACTED]</b>	11/04/2015 11:25:36 PM(UTC+0)	Unknown	Despite what we've been thru we are doing well. As for releasing the email....it's a slimey thing to do. Makes us all look bad. Keep your head up and if your in TO at any point let's meet for coffee(drinks).
258	Sent	<b>To</b> +1709 [REDACTED] 861 <b>Neil [REDACTED]</b>	11/04/2015 5:34:48 PM(UTC+0)	Unknown	Thank Neil, I certainly appreciate the support, but I assure you that it pails in comparison to what you've been thorough. I'm a bit frustrated that a very personal mesasage intended for coworkers was released to the masses. Otherwise, we're getting through as best can be
259	Sent	<b>To</b> +1709 [REDACTED] 456 <b>Inspector Jason Sheppard*</b>	11/04/2015 5:30:54 PM(UTC+0)	Unknown	Would you be available for a discussion tomorrow? I have concern and regret after that message being released to the media. I feel there could be some general response from us (the RNC) on it and some of the general questions associated to intelligence and protective policing. You are undoubtedly the best person to speak to it if the Chief would even allow. It just seems that there are some many questions from the community that we could easily answer that would have no correlation to the specific details of the romp's investigation

282	Sent	<b>To</b> +1709 [REDACTED] 456 Inspector Jason Sheppard*	11/04/2015 1:21:12 AM(UTC+0)	Unknown	Btw, I meant to chat to you about the structure of PSU. It was very challenging there as a senior constable, that unit really needs a dedicated NCO, whether acting or otherwise. I'd reccommend you consider placing a confirmed SGT there or put Ed acting. Have an RCMP CPL there and regularly dealing with officers in all regions can be onerous at times. Sorry, I know, go to bed and go on vacation
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347	Inbox	<b>From</b> +1709 [REDACTED] 456 <i>Inspector Jason Sheppard*</i>	10/04/2015 10:07:53 PM(UTC+0)	Unknown	It's all good! Enjoy your trip. Don't read the internet news down there . Forget it for a week!!
348	Sent	<b>To</b> +1709 [REDACTED] 456 <i>Inspector Jason Sheppard*</i>	10/04/2015 10:04:32 PM(UTC+0)	Unknown	Thanks for coming Down today!
349	Sent	<b>To</b> +1709 [REDACTED] 456 <i>Inspector Jason Sheppard*</i>	10/04/2015 10:04:16 PM(UTC+0)	Unknown	It went pretty good, easier than the first time. The email was bothering me, but i'm glad they atleast released it in its entirety. Otherwise, elements of that could easily be taken out of context. Some very personal feelings I would have rathered not been made public, but I am appreciative they left my name out of it for the sake of my family.
350	Inbox	<b>From</b> +1709 [REDACTED] 456 <i>Inspector Jason Sheppard*</i>	10/04/2015 9:52:06 PM(UTC+0)	Unknown	How did you make out? You doing okay?